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The Daughters for Life Foundation (DFL) was established in 2010 as a Canadian charity that empowers girls and women through Scholarships, Financial Awards, and Fellowship Programs. DFL's mission is to provide access to quality education and to support women's dreams worldwide.

DFL was founded by Dr. Izzeldin Abuelaish, a Palestinian doctor who lost his three daughters, Mayar, Aya and Bessan during a tragic shelling incident in the Gaza Strip in 2009. A year later, he established the Daughters for Life Foundation in their memory to ensure that the future of young women would be bright, safe and filled with peace won through education, development and empowerment.

DFL's programs serve young women from the Middle East, regardless of ethnicity, nationality or religious affiliation. The flagship scholarship program is applicable to undergraduate, graduate, and postgraduate studies across North America, Europe and the Middle East. Despite the tragic loss that led to its establishment, DFL has positively impacted the lives of many young women in the Middle East and around the world, providing them with invaluable resources and opportunities necessary to achieve their dreams.

Over 400 women have been supported by DFL's programs. The organization's constant goal is to expand even further.

Establishing Daughters for Life Europe (DFLE), the first European chapter based in Belgium, was a significant milestone in the effort to broaden the reach of the organization's meaningful work.

Supporters and partners allow DFL to continue to pursue its goal of brightening the future of deserving scholars.





# How we Reach Our Goals

Our mission is to encourage women to push their limits and become trailblazers for progress. By upholding high admission standards, practicing thoughtful and efficient governance, providing creative funding solutions, and offering avenues for professional development, we lead the charge in promoting female empowerment. In this effort, we continue cultivating partnerships and collaborations with academic partners, corporates, and community groups to achieve our goals.



Beliefs

Education is a human right that should be accessible to every woman across the middle east, regardless of faith, nationality or ethnicity.



Vision

Educated young women of the middle east acting as leaders and agents for peaceful social change in their communities.



We strive to advance, invest, and promote higher education for young women living in the middle east.

# A Message From Our Founder

Advocating for women's education provides the opportunity to create a world of justice and hope in the face of all that devastates and divides us, eradicating the many barriers that constrain us. Women are the strongest members of every society, having led, nurtured and created balance across the globe. This is why I remain hopeful about our future. I am certain that when we all come together as a united people for the collective good of all mankind and the advancement of our communities, the whole world will benefit. Instead of saying "behind a successful man, there is a successful woman, we must change the narrative to the fact that both stand in parallel. "Beside a successful man stands a successful woman."

In 2022, the Daughters for Life Foundation has achieved success in empowering young women from the Middle East via education and leadership programs, inspiring hope and creating opportunities for many who have faced significant barriers. DFL is helping empower a generation of women to overcome adversity and achieve their dreams. The transformative impact of DFL's work is nothing short of remarkable, changing the lives of countless young women. Stories of the scholarship recipients are a testament to the power of education and the resilience of the human spirit.

By scaling up DFL's programs, focusing on sustainability, advocating for policy change, and fostering a network of alumni, DFL can continue positively impacting the lives of countless more young women and their communities for a lifetime.

Sincerely, Dr. Izzeldin Abuelaish, Founder and President



## **Our Scholars**

In the 2022-2023 scholarship cycle, the Daughters for Life Foundation had a total of 8 new undergraduate and graduate-level scholarship positions to offer. This was made possible through partnerships with four world-renowned academic institutions across Canada, Belgium and Israel. These schools are York University, Antwerp University, Université libre de Bruxelles and the Hebrew University of Jerusalem. All eight of our successful scholarship recipients are enjoying their time and hope to make the most of the opportunity.

### 2022-2023 Scholarship Winners



Wafa Hayek Psychology, First Year, York University 2022



Maryam Anabtawi Biomedical Sciences, First Year, York University 2022



Masters in Physiotherapy specializing in Neurological Conditions, Antwerp University, 2022



Nancy Khaled
Masters in Rehabilitation
Sciences and
Physiotherapy, Antwerp
University, 2022



Grace Hanna
Masters in Electronics &
ICT Engineering
Technology, Université
libre de Bruxelles, 2022



Katia Paraskiva
Masters in Nonprofit
Leadership and
Management, The
Hebrew University of
Jerusalem, 2022

## **Our Scholars**

### 2022-2023 Scholarship Winners



Nouhalia Bensghir Masters in Political Science, Université libre de Bruxelles, 2022



Hadil Alhayek Masters in Political Science, Université libre de Bruxelles, 2022

### 2022 Returning Scholars



Rasha Aljbour Almajali Commerce and Human Resources, Fourth Year, York University



**Dania Almahadin**Engineering, Third Year,
York University



Yousra Bendradi Business, Fourth Year, Brock University



Liyan Alkawafhah
International Relations &
Political Science, Fourth
Year, University of
Calgary



Saja Saymeh
International Studies with
a minor in Management,
Fourth Year, Wilfrid
Laurier University



Sara Saad Commerce and Human Resources, York University 2023

# 2022 Alumni



### Esraa Naguib

Esraa Naguib received her Food and Nutritional Sciences undergraduate degree from Brescia University College.

Her academic career contains many highlights and memories, including receiving the International Student Leader Impact Award from the University Students' Council at Western University, the parent institution of Brescia University College.

She was also awarded the Marjorie & Philip Pocock Scholarship Award for her excellent academic performance.

### Dr. Saja Anabusi

Dr. Saja Anabusi, DFL Fellow, completed her fellowship at the University of Toronto's Temerty School of Medicine in June, bringing an end to her meaningful experience working alongside mentors in the maternal-fetal wing of medical care.

Her time at Mount Sinai and Sick Kids' Hospitals will undoubtedly stay with her through her future career.



# 2022 Alumni

Four DFL Scholars joined the Daughters for Life Foundation's family of alumni upon their 2022 graduations.



### Farah Qadi

Farah Qadi completed her graduate degree in Nonprofit Management and Leadership at the Hebrew University of Jerusalem.

Farah pursued her passion in advocacy for women by participating in an online campaign to support victims of gendered violence in Palestine and raised S5,000 funded by the Canadian Friends of the Hebrew University of Jerusalem to be received by the Sawa Organization.

### Ni'mati Dmeiry

Ni'mati Dmeiry, over the year that she was pursuing her graduate degree in Nonprofit Management and Leadership, remained a highly dedicated scholar, tying up her graduate school experience with a perfect record across the board.



# Scholars' Highlights



### Saja Saymeh

Saja was selected as ISOW club president. She is the first scholar to take this role in ISOW, a unique opportunity to genuinely cultivate student leadership through hands-on learning while building strong friendships and creating fantastic memories.

### Yousra Bendradi

Yousra's undergraduate journey was filled with one impressive achievement after another. Her freshman year was a strong start for her after she received the distinction of Valedictorian and a Leadership and Excellence Award. These awards became only two of many including a later doubleappearance on the Dean's Honour's List, a Brock Returning Scholars Award and the university's Medal of Honour for Leadership and Excellence.

Alongside these accolades, Yousra was the recipient of Brock University's Entrance Scholarship. As of her 2022 graduation, she is on a professional path, seeking to secure a role as a Chartered Professional Accountant (CPA) with future hopes to become an fraud auditor.



# Scholars' Highlights



### Wafaa Hayek

In her first year at York, Wafaa participated in Calumet and Strong College's Emerging Leadership Training (ELT) program, which is a series of training sessions centred on building up leadership skills. She also took part in events geared towards fellow international students and joined York University's Muslim Students Association (MSA).

To cultivate her creativity, Wafaa joined an art club called "Studio Hurriance", rounding out her diverse interests and activities outside of her studies.

## Rasha Aljbour Almajali

Rasha had the honour of being selected to deliver a speech at York University's President's Reception event held in New York City where alumni and members of faculty converged at a major in-person event held for the first time since the COVID-19 pandemic.

The President and Vice-Chancellor of York University, Rhonda Lenton was in attendance alongside staff and the university's leading researchers.

Her speech walked through her experience as a York University student nearing the end of her four-year journey and provided an empathetic, optimistic and ambitious perspective, leaving an inspiring impression on the members of the audience.



# Scholars' Highlights



### Sara Saad

In 2022, Sara received admission into McMaster University's Golden Key International Honour Society, a community organization supporting students who enter into the top 15% of their respective programs.

This exemplifies Sara's commitment to her studies in a tangible way that has garnered her much-deserved acknowledgement.

## Liyan Alkawafhah

In 2022, Liyan continued in her role as the President of the Model United Nations club.

She also participated as an English and Math tutor, teaching Syrian families through her volunteer role with PANGAEA.

In addition to her vibrant extracurriculars, Liyan also secured a Peer-Assisted Study Session Teaching Assistant role in the political science department of the university, supporting her colleagues on the path to excelling in their studies.



## **Academic Partners**



In its effort to bring more opportunities to women across the Middle Eastern region, the Daughters for Life Foundation continuously endeavours to break new ground by forging partnerships broadly with institutions that see the potential in DFL's mission and who are eager to work collaboratively to change lives. DFL is honoured to have the support of these partnerships and looks forward to continued collaborations.

The foundation has recently broadened its horizons further than ever before in its expansion into Europe as an organization and through meaningful new partnerships.

Following the establishment of our European chapter, DFL also forged a partnership with a private research institute, Université Libre de Bruxelles, based out of Brussels. Dr. Abuelaish and the DFL team put in a massive effort to secure the partnership.

Currently, three graduate-level DFL Scholars attend Université libre de Bruxelles between the electronic engineering and political science schools.

### Our affiliates in 2022



















אוניברסיטה העברית בירושלים THE HEBREW UNIVERSITY OF JERUSALEA



# Founder's 2022 Achievements

In an age of increasingly rapid change across the globe, as nations around the world began to emerge from the recent pandemic into uncertain economic times and geopolitical complexity, Dr. Abuelaish has remained a highly present and nimble global citizen.

He taught three graduate-level courses and supervised five students, including overseeing the volunteer research of three students.

In June, he received honorary doctorates from McGill University and Wilfrid Laurier University, and he delivered commencement speeches at both institutions and Antwerp's Management School.

Dr. Abuelaish went on a book tour to commemorate the German-language launch of his book, I Shall Not Hate: A Gaza Doctor's Journey.

He also submitted four peer-reviewed publications, authored a chapter in the Routledge Handbook of Peacebuilding and Ethnic Conflict, and was sought after by news organizations such as Al-Jazeera for his views on the brutal conditions endured by Palestinian children in Gaza.



# Founder's 2022 Achievements

Dr. Abuelaish had the opportunity to personally connect with many eminent figures across various industries and levels of governance.

During his travels across the Middle Eastern region, he held meetings with the President of Israel, Isaac Herzog and the President and Prime Minister of Palestine, Mahmoud Abbas and Mohammad Shtayyeh. He also met His Highness Prince Hassan bin Talal of Jordan, the Deputy Prime Minister of Belgium and Minister of Belgian Foreign Affairs.

In Germany, Dr. Abuelaish had the chance to meet with the president of Humboldt University, Dr. Julia von Blumenthal, as well as Dr. Veronika Von Messling, Directorate-General of life sciences at the German Federal Ministry of Education and Research.







# Mentorship Program



The Daughters for Life Foundation's Mentorship Program returned for its third consecutive year of operations in 2022.

The purpose of the program is to support scholarship applicants and prospective scholars through the application process with one-to-one mentorship by an active DFL scholar.

The team overseeing the program has grown to 13 total scholar-mentors, up from the 7-member team of 2021.

Scholars that participated as mentors in 2022 were Dania, Grace, Liyan, Maha, Maryam, Nancy, Nouran, Rasha, Saja, Sara, Wafaa, Yousra and Nouhaila. Joy, a long-time DFL volunteer, took up the role of volunteer program coordinator, managing the logistics and operations of the program.

Mentees received assistance from participating scholars on the DFL scholarship program application and other related items, such as the college/university application process and exploring the pathways open to them based on their unique circumstances.

Drawing on their experiences, participating scholars maintained channels of open communication, fielded individual questions and provided resources such as informative documents hosted on Google Drive to mentees.

Their generosity and dedication to this project are a testament to their excellent character and have allowed more young women to follow in their footsteps.



# **Alumni Group**



In a follow-up to the seeds planted in 2021, the Daughters for Life Foundation furthered its intention to create a hub for graduates to congregate, network and find mentorship by working on its Alumni Group initiative.

One major project under the DFL Alumni Group umbrella was the 2022 Webinar Series featuring guest speaker Lorna Jean Edmonds. Lorna participated in the initial project organized by DFL Director of Operations and Programs, Jacklin Ibrahim, to establish an Alumni Group. She returned in support of that ongoing mission to serve as an inspiring source of motivation and guidance for newly graduated women, volunteers, and current DFL Scholars, among other guests.

Your Living Legacy: Planning Your Future Today by Intentionally Pursuing Your Next Career Opportunity was delivered in two parts: the first session on March 13th and the second on June 19th.

The second component of the webinar, hosted by DFL Alumni Waad, was inspired by the success of the first, as the webinar was commended by those in attendance, especially the DFL alumni when feedback was gathered. Approximately 15 attendees participated in the first webinar, and 12 participated in the second webinar from DFL Scholars and alumni.

Lorna's talk highlighted her personal and professional experiences, emphasizing the value of career planning and lifelong learning.

DFL's webinar series supports alumni beyond graduation, recognizing the challenges of starting a career.

The DFL Alumni group is in an early phase of growth. DFL's management team and board of directors are collaboratively working on innovative strategies to promote group growth as well as boost alumni interest and participation



# 2022 Fundraising Campaigns

### Spring Into Auction!

To diversify its digital fundraising strategies, DFL held an online auction-style campaign in anticipation of Mother's Day and to celebrate the spring season called Spring Into Auction! This campaign ran from March to May 2022. The items featured for auction were varied, ranging from artwork to services.

Participation was broad, spanning from individual donors, including Mike Hammer, Charles Patcher and Peter Hill, and local businesses such as Fitlife Athletics, Red Owl Boxing, Ana Pascos Trade Secrets, Eighth and Moon, Saponification, Amour Fragrances & Beauty Boutique and KUVRD. The businesses, as mentioned above, provided auction material which contributed to the auction's success.

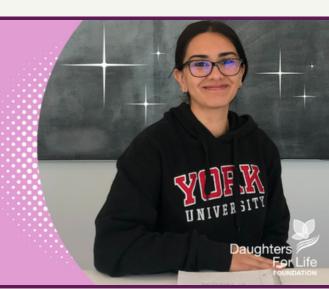
DFL's campaign raised \$2,954.00 for the Scholarship Program, marketed through various channels such as social media, newsletters, and direct emails by staff, supporters, and board members.

### Educate A Woman, Ignite Her Sparkle!

This campaign is the successor to the original Educate A Woman, Ignite Her Sparkle! online fundraising campaign of 2021. The event was relaunched in the summer of 2022 after being reimagined as an annual campaign.

It was given its own landing page on the official DFL website, including an embedded donation page and raised a total of S5,155.

# Ignite her sparkle!



# 2022 Fundraising Campaigns

### Giving Tuesday

In the last quarter of 2022, the Daughters for Life Foundation rolled out its Giving Tuesday digital campaign as a Kickstarter for the end-of-year fundraising season. It ran concurrently with a November relaunch of Educate A Woman, Ignite Her Sparkle. The Giving Tuesday campaign received its dedicated page on the Giving Tuesday donation platform to centralize the campaign and a donation page embedded into the CanadaHelps platform. Promotion efforts included social media marketing. The campaign raised \$12,500.

# Year-End Fundraising Campaign

Educate a Woman, Ignite Her Sparkle ran through to December 31st, 2022 and was promoted through social media and paid advertising which was funded by a Google Grant that DFL received in the value of \$10,000 to reach unique donors. 2022 year-end fundraising efforts raised an approximate total amount of \$20,000.

# Securities and Mutual Fund Donations

The Daughters for Life Foundation added a new and efficient donation option, allowing donors to contribute through mutual funds or securities. Donors who choose this option receive a tax receipt for the full market value of their donation. Patricia Hartnagel donated S500, DFL's first security donation. DFL's donation page has been updated to include this option, providing more details under the "Donate Securities" subheading or through a conveniently linked CanadaHelps form.



### **DONATE SECURITIES**

give more and get more

www.daughtersforlife.com/donate-now/



# **2022 Canada Summer Jobs Interns**

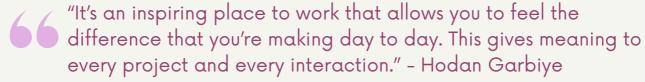


Hodan Garbiye
Education Program
Coordinator, Summer
2022

Canada Summer Job (CSJ) is an initiative led by the federal government of Canada to support youth with employment opportunities during the summer season.

As a longtime participant of the CSJ program, the Daughters for Life Foundation extends its thanks to local MP Ya'ara Saks for her recommendation to participate.

DFL received grants covering the wages of one program intern in 2022 for the duration of nine weeks. Hodan Garbiye, a returning volunteer and intern, was hired as an Education Programs Coordinator.





# **DFL Europe**



Following the formal launch of Daughters for Life Europe in 2021, the European chapter of the Daughters for Life Foundation has been taking big swings within the continent.

The first official partners of DFLE were announced as Université Libre de Bruxelles and Antwerp University. These partnerships have allowed for an ongoing and fruitful collaboration that spanned the duration of 2022, including the enrollment of five brilliant Scholars pursuing graduate studies across the institutions.

Grace Hanna, Nouhaila Bensghir and Hadil Alhayek attended Université libre de Bruxelles, while Nancy Khaled and Nouran Khafaga went to Antwerp University. All the young women arrived in Belgium safely, enthusiastic for the start of their academic journeys with the support of DFLE.

As part of its key agenda for the year, DFLE made the well-being of its first batch of scholars its top priority, setting the standard for future protocol and remaining aligned with the flagship Canadian chapter.



# **DFL Europe**



DFLE held two events in the heart of Europe to advocate for women's access to educational opportunities and development as part of the peace-building process and for the purposes of cultural exchange.

The first event was a conference held on October 11th, 2022, in collaboration with Antwerp University, entitled Women In Conflicts: Victims and Actors. Over 80 students and faculty members attended the venue at Université libre de Bruxelles. It included keynote addresses from Dr. Abuelaish, Sherri Aldis (Director of the United Nations Regional Information Center for Western Europe), and Claudia de Castro Caldeirinha (Senior Advisor and Professor).

The second event was in October, a theatre play based on the contents of Dr. Abuelaish's book I Shall Not Hate at Théâtre de Poche in Brussels. It conveyed the book's major themes of understanding and coexistence as weapons much more powerful than hatred. This event was wrapped up with a subsequent panel.





D'APRÈS IZZELDIN ABUELAISH ADAPTATION ET MISE EN SCÈNE DENIS LAUJOL AVEC DEBORAH ROUACH ET LA PARTICIPATION EXCEPTIONNELLE D'IZZELDIN ABUELAISH COLLABORATION ARTISTIQUE JULIEN JAILLOT SCÈNOGRAPHIE OLIVIER WAME CRÉATION LIMÉRES XAVIER LAUWERS CRÉATION SONORE MARC DOUTREPONT CRÉATION VIDÉO LIONEL RAVIRA COSTUMES CARINE DUART DU 5 au 22 octobre 2022 reservation@poche.be ou 02/649.71.27, poche.b.

# **DFL Europe**



### Board of Directors



Valérie Barlet



Dr. Izzeldin Abuelaish



Hélène Cabaraux



Christine van Nieuwenhuyse



Tomas Van Respaille



Alexis Deswaef



Jean-Marc Delizée

# A Look Back at Your Support

1,950+

Donors to date

400+

Program recipients over 12 years

69

2,076

Applicants since 2011 from 8 countries

Total scholars

25

Partner universities in 6 countries

12,381

Hours of volunteer service yearly

6

Fellowship awarded

341

Total bursaries awarded

# 2022 Financial Facts





2022 Summary	CAD Dollars
Revenue	140.07 K
Expenditures	165.9 K
Surplus / (Deficit)	(25,909)

The programs delivered by the Daughters for Life Foundation included undergraduate, graduate and post-graduate Scholarship and Fellowship programs in Canada, Europe and the Middle East. This was made by leveraging DFL's key resources and partnerships with its academic partners to offer programs valued at over 700K CAD in 2022.

# **Donors Supported Us in** 2022

We want to extend our gratitude to all our donors for their immense kindness, whose giving has exceeded \$45,000 during 2022! Your support has been crucial to us in helping to realize the dreams of so many young girls and women.

### Major Individual Donors

Lous Veeneklaas Jill Kirshner Patricia Hartnagel Darryl Goddall Margueritta Kluensch Aysha Lockhat Mona Loutfy Paul Gooch Claude De Selliers Kat Waldrop Morgan Witzig Steve and Allison Blakey Alexandria Kizy William and Karen Butt Jean McNulty Martha Fraser Nicole Presentey Thomas Miller Khun Poh Klaus Pflum

Carol Haddad Christiane Unland-Schlebes Doran Feinsilber Duminda Siripala Julia Hamlyn Mohammad Elserfy Vincent Noorman Alba Chaira Leo Christina D'Aversa Millie Mortan Hana Fehrenbach John Doyle Erika Larm Inae Liebaers John Casaril Alberto Lentini Liz Martin-Landau Aileen Leo Karla Schmidt David Mckay



"Education is your most powerful weapon that allows you to survive in this life." - Yousra Benradi, DFL Scholar



# Donors Supported Us in 2022

### Major Individual Donors

Julianne Burslem
Madison McConnell
Susan Pamela Gale
Timothy Moody
Karyn Ruel
Deanna Kox
Thomasin Element
Pauline Blondet
Miriam Thorn
Marilyn Lange
Andrea Routley

Catherine Aenishanslin
David Boyd
Janet Reinsdorf
Janusz Biene
Joan Sharp
Nate Worrell
Susan Pamela Gale
Peter John Robertson
Adriane Weller
Peter Lake

### Corporate & Community Donors

Igernan Limited
Nancy's Very Own Foundation
Part Time CFO Services Inc.

### Grants

Adrian Family Foundation Canada Summer Job (CSJ) Goldman Sachs Gives at the recommendation of Jason Brown









Dr. Izzeldin Abuelaish Founder and President

Dr. Abuelaish is a Professor at the Dalla Lana School of Public Health at the University of Toronto. He has received many awards and has been nominated for the Nobel Peace Prize for his promotion of human rights and peace.



Dalal Abuelaish Founding Member

Dalal is a Asst. Director -Senior QA Engineer at Moody's Analytics.



Shatha Abuelaish Founding Member

Shatha is a Quality Assurance & Continuous Integration Manager at Multi-Health Systems Inc.

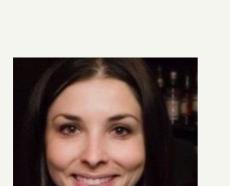


Dr. Jack Lightstone Board Member

Dr. Lightstone is the former President and Vice-Chancellor of Brock University.



## **Board of Directors**



**Darina Linda**Board Member

Darina is the Executive
Director of Advancement
in the University of
Toronto's Faculty of
Medicine.



Dr. Paul W. Gooch Board Member

Paul is the President Emeritus of Victoria University, federated with the University of Toronto.



Dr. Lorna Jean Edmonds
Board Member

Lorna Jean is a Professor Emerita of Global Health in the College of Health Sciences and Professions at Ohio University.



Darryl Goodall Board Member

Darryl is the President of Part Time CFO Services LLP.



**Britta Baron**Board Member

A founding member, Board Chair and President of the European Canadian Centre for Innovation and Research (ECCIR).



Michelle Kerr Board Member

A fundraising leader with over 20 years of experience in philanthropy in the health, education and social services sectors.



# The DFL Team



# Jacklin Ibrahim Director of Operations and Programs

A vital role at DFL that informs its continued growth and stability is Jacklin as the Director of Operations and Programs. In this position, Jacklin leverages many years of experience in project management, communications and public relations to keep DFL running smoothly on a day-to-day basis. She also serves as a mentor, team leader and develops strategies to further the reach of DFL's programs, marketing endeavours and all efforts to reach out to the general public. Jacklin can be reached via email at: communications@daughtersforlife.com or by phoning DFL's office at: (416) 630-0246.

### Our Volunteers

None of this would be possible without the endless hours from our exceptional volunteers!

Hodan Garbiye
Kavitha Jagan
David Venneri
Mayra Upegui
Joy Khalil
Nicolino Derilo
Shawn Li
Karthik Kannan
Shirley Deng
Marina Gorgi
Maham Siddiqui
Lidija Mestnik

Admin and Operations
Admin and Operations
Programs Coordination
Social Media Marketing
Programs and Admin
Web Design
Web Design
Digital Marketing
Admin and Operations
Admin and Operations
Copyediting
Content Writing

## **Connect with Us**



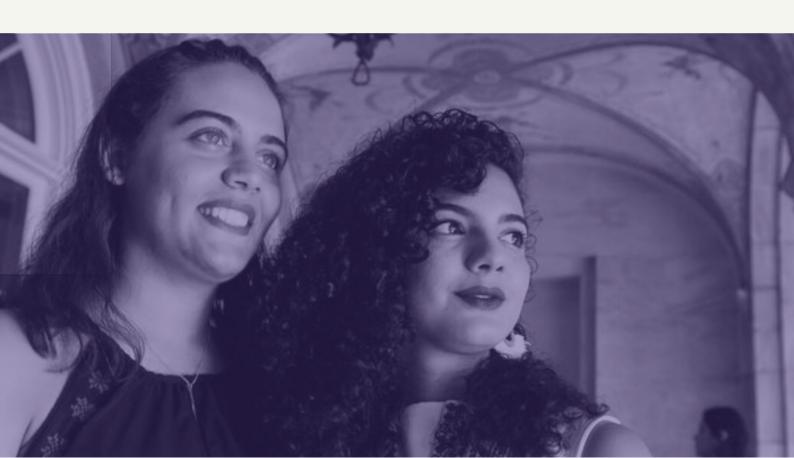
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### Europe Office:

1 Grand Place 1000 Bruxelles, Belgium +32 - 493 - 50 - 53 - 24 DFLEurope@daughtersforlife.com





66 "Education empowers women to be the confident leaders and agents of change they have always been capable of being, allowing them to take on opportunities for making the world a better place."

- Dr. Izzeldin Abuelaish

